



## Dealing with Teen Issues

*At our PA meeting on Thursday, March 15, a panel of experts will talk about issues that Bronx Science students face on a daily basis, with a focus on the following topics: technology, sleep, drugs/alcohol, and parent-child communication. **Mr. Andrew Nasser**, the head of the Guidance Office at Bronx Science, will moderate the panel discussion. Here are brief bios of the panelists.*

### **Shannon G. Caspersen, MD, MPhil**

Dr. Caspersen is a child & adolescent psychiatrist. She received her training at Columbia and Cornell/ New York Presbyterian Hospital, where she is now an assistant professor in the department of psychiatry. She is triple-boarded in adult and child & adolescent psychiatry as well as in addiction medicine. Her particular area of interest is the prevention of addiction in young people. She has published widely in the popular press as well as in medical journals and textbooks.

### **Nicholas Crimarco, Ph.D.**

Dr. Crimarco is an instructor of clinical psychology at Columbia University. He is also a psychologist at the Columbia University Clinic for Anxiety Related Disorders (CUCARD) Westchester. He holds a Ph.D. from Hofstra University and completed his internship at the University of Michigan. He specializes in the assessment and cognitive-behavioral treatment of anxiety, mood and disruptive behavior disorders. His research interests include obsessive-compulsive disorder and the effects of head injury on athletes.

### **Patrice Malone, MD, Ph.D.**

Dr. Malone received her BS from Xavier University, and MS/PhD in Molecular Cellular and Developmental Biology from the University of Michigan. During residency, she investigated treatments for opioid use disorder in young adults. She is an advocate for mentorship and increasing the racial/ethnic diversity of the mental health workforce. Dr. Malone is a Child and Adolescent Psychiatry Fellow at the Columbia/Cornell Program. She is also the sole psychiatrist at the Families and Individuals In Recovery (FAIR) Clinic in Washington Heights.

### **Eleanor McGlinchey, Ph.D.**

Dr. McGlinchey is an assistant professor of clinical psychology in psychiatry at Columbia University. She received her MA and Ph.D. in Psychology from UC Berkeley and completed her internship at Albert Einstein/Montefiore Medical Center. Her research interests include teen depression and sleep disturbance. She is currently recruiting for a study on treatments for adolescent sleep disturbance.

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